| Today's Date:         | Patient N                                      | ame:                  |                          |                        |
|-----------------------|--|-----------------------|--------------------------|------------------------|
| What are your main    | reasons for today's visit                      |                       |                          |                        |
| List X-rays, MRI's, 6 | etc. you have had for this problen             | n in the past 5 years |                          |                        |
| HAVE YOU SEEN A C     | CHIROPRACTOR THIS YEAR? Yes                    | s or No               |                          |                        |
| HAVE YOU SEEN A P     | HYSICAL THERAPIST THIS YEA                     | R? Yes or No          |                          |                        |
| REVIEW OF SYSTI       | EMS  |                       |                          |                        |
| Do you CURRENTL       | Y have? ( <mark>circle ALL that apply</mark> ) |                       |                          |                        |
| General               | Respiratory                                    | Neurologi             | ical G                   | astrointestinal        |
| Fatigue               | Chronic cough                                  | Dizziness             |                          | bdominal pain          |
| Fever                 | Shortness of breath                            | Headache              |                          | onstipation            |
| Weight gain?          | Wheezing                                       | Seizures              |                          | iarrhea                |
| Weight loss?          | Asthma   | Tremors               |                          | ausea/Vomiting         |
| Night Sweats          |  | Numbness              | U                        | rinary problems/change |
| Musculoskeletal       | Cardiovascular                                 | Psychiatr             |                          | EENT                   |
| Joint pain/Stiffness  | Chest pain                                     | Anxiety               |                          | isual Disturbances     |
| Neck pain             | Palpitations                                   | Depression            |                          | ye pain                |
| Low Back pain         | Leg swelling                                   | Hallucinat            |                          | ar pain                |
| Muscle weakness       | Leg pain w/walking                             | Change in             | sleep pattern H          | oarseness              |
| Muscle aches/pains    |  |                       |                          |                        |
| Endocrine             | Hematology                                     | Other not             | listed:                  |                        |
| Appetite changes      | Easy bruising                                  |                       |                          |                        |
| Increased thirst      | Enlarged lymph node                            | es                    |                          |                        |
| Increased urination   | Prolonged bleeding                             |                       |                          |                        |
| Cold intolerance      | Anemia   |                       |                          |                        |
| Hair/skin changes     |  |                       |                          |                        |
| PAST Medical Histor   | ry (Circle ALL that apply to YOU)              |                       |                          |                        |
|                       |  |                       |                          |                        |
| emia                  | Fibromyalgia                                   | Hepatitis/Jaundice    | Multiple Sclerosis       | Scoliosis              |
| ery Disease           | Gallstones                                     | High Blood Pressure   | Parkinsons Disease       | Seizures               |
| hritis-type           | Glaucoma                                       | High Cholesterol      | Obstructive Sleep Apnea  |                        |
| hma                   | Gout   | HIV/Aids              | Osteoporosis             | Substance Abuse        |
| ncer-type             | Head Injury                                    | IV Drug Use           | Pneumonia                | Thyroid Disease        |
| ckenpox/shingles      | Heart Attack/Coronary                          | Kidney Disease        | Polio                    | Tuberculosis           |
| pression              | Heartburn/GERD                                 | Kidney Stones         | Positive TB skin test    | Ulcer Disease          |
| betes                 | Heart Failure                                  | Liver Disease         | Prostate Disease/Disease | ·                      |
| physema               |  | Migraine              | Rheumatic Fever          |                        |
| PAST Surgical Histo   | ry   |                       |                          |                        |
| oendix                | Gall Bladder Hip                               |                       | Pacemaker                | Stomach                |

AppendixGall BladderHipPacemakerStomachBreastGastric BypassHysterectomyProstateThyroidC-sectionHeartIntestine/ColonShoulderTonsils/Adenoids

Ears Hemorrhoids Knee Sinus Tubal

Eyes Hernia Metal implants Spinal Surgery/Back Varicose Veins
Ovaries Spinal Surgery/Neck Vasectomy

| FAMILY HISTORY   | NO                     | YES    | If yes, who? (Father, mother, sister, brother etc.)              |             | LIST YOUR MEDICATIONS  Name and Frequency and Dosage (mg) |    |  |
|--|------------------------|--------|--|-------------|---|----|--|
| Rheumatoid Arthritis   | 0                      | 0      |  |             |   | 1. |  |
| Cancer   | 0                      | 0      |  |             |   | 2. |  |
| Diabetes   | 0                      | 0      |  |             |   | 3. |  |
| Heart Problems   | 0                      | 0      |  |             |   | 4. |  |
| Multiple Sclerosis   | 0                      | 0      |  |             |   | 5. |  |
| Lupus  | 0                      | 0      |  |             |   | 6. |  |
| HABITS (How often do you)  |                        |        | LIST MEDICATION ALLERGIES & REACTIONS  LIST VITAMINS/SUPPLEMENTS |             |   |    |  |
| Smoke: Never Former- how long ago<br>0 1/2 1 2 >2 pks/day foryrs.  |                        |        | 1. 1.  |             |   |    |  |
| Drink alcohol: 0 1-3 4-7   | >7 drink               | s/week | 2. 2.  |             |   |    |  |
| Have coffee/tea: 0 1-3 4-6 >6 cups/day   |                        |        | 3. 3.  |             |   |    |  |
| Drink diet drinks 0 1-3 4-6 >6 cups/day  |                        |        | 4. 4.  |             |   |    |  |
| Drink regular soda: 0 1-3 4-6 >6 cups/day  |                        |        | 5. 5.  |             |   |    |  |
| Drink water: 0 1-3 4-6 >6  | RECREATIONAL DRUG USE: |        |  |             |   |    |  |
| WHAT TYPE OF REGULAR EXERCISE DO YOU PERFORM? O None O Light O Moderate O Strenuous Explain Type of Exercise/ Equipment used |                        |        |  |             |   |    |  |
|  |                        |        |  |             |   |    |  |
| FEMALES ONLY   | Neve                   | er F   | Past 90 days   | Any History |   |    |  |
| Birth control pills  |                        |        |  |             | What kind of birth control pills?                         |    |  |
| Hormonal replacement therapy   |                        |        |  |             |   |    |  |
| Endometriosis  |                        |        |  |             |   |    |  |
| Last Mammogram   |                        |        |  |             | When?   |    |  |

|  | Pregnant Patient Section Only | Children Under 12 Section Only       |
|--|-------------------------------|--------------------------------------|
|  | Freguant Fatient Section Only | offiliatell officer 12 Section Offig |

| Who is your OB/GYN physician?                               |     |  | Who     | Who is your child's Pediatrician? |   |  |
|---|-----|--|---------|-----------------------------------|---|--|
| How far along are you?                                      |     |  | Yes     | No                                | <del></del>   |  |
| When is your expected due date?Are you on any restrictions? |     |  | _       |                                   | Has your child had an ear infection in the past year? Has your child ever been screened for |  |
| Yes   | No  |  | — scoli | osis?                             | M/h a a O   |  |
|   |     | Are you taking prenatal vitamins? Are you Anemic? Type | 90      |                                   | When? Has your child been on antibiotics in the past  |  |
|   |     | Do you have a history of post-partum depression?       |         |                                   | days? Why? Does your child take multi-vitamins?   |  |
|   |     | Do you have a history of blood clots?                  | Wha     |                                   | rities does your child participate in?  |  |
| Othe  | er: |  |         |                                   |   |  |
|   |     |  | Othe    | er:                               |   |  |